



VMAC

Working Towards Community Wellness

Programs designed to combat underage drinking by focusing on a mission to cultivate and celebrate the character, compassion, and confidence all people need to make good choices



YOUTH

Building character and confidence

- Assemblies & Activities in schools
- BABES Afterschool Program
- Dream Team, Red Ribbon Week
- Peer Leaders serving K-12
- Heroes & Cool Kids
- Aware Awake Alive, Project Graduation



COMMUNITY

Supporting wellness and compassion

- Family Night: October & March
- Parent Education and Support
- Coach Certification Training
- Summer Concert Sponsor
- Senior Wellness Presentations
- Fishing Derby

AND MORE!

If you like Family Night, you'll LOVE...

FUNDRAISING THURSDAY

December 6th

at Lakeside Deli

542 Bloomfield Ave, (973) 239-1128



Family Style Meal

Purchase a TAKE-OUT MEAL and Lakeside Deli Will Donate a Portion of the Proceeds to VMAC

Thursday's Special is: **CHICKEN PARM OVER PENNE**

Family Meal for \$24.99 (Serves 4 or more. Salad & bread included)

PLACE YOUR ORDERS ONLINE AT

WWW.TAKEOUTTUESDAYS.COM/FUNDRAISER-THURSDAYS.HTML

From Wednesday 12/5/18 to Thursday 12/6/18 @ 4pm

Lakeside will be open until 7:00 PM for pickup.

VMAC programs are possible through the generous support of



The Township of Verona